



Welcome to Clergy Life Coaching!

I am looking forward to working with you!

Welcome! I am excited about working together! I'm looking forward to walking with you during this season as you enter more fully into the unique plan God has for your life! My commitment is to provide you with the best possible coaching that I can.

In order for you to get the most out of your coaching sessions, I am giving you a number of items:

TO READ:

- **Guidelines** to coaching
- **Code of Ethics** – As a member of the International Coach Federation, I have signed an agreement to abide by their Code of Ethics.

TO RETURN: (via email, Barbara@ClergyLifeCoaching.com OR CLC, 1431 Wilcox St., Menomonie, WI 54751)

- **Personal Information Sheet**
- **Coaching Agreement**
- **Financial Agreement**
- **Prep Form – this will be sent to me before every session**

OPTIONAL:

- **Mind The Gap** – don't know where to start? – this quick assessment will help!
- **Getting Started Questionnaire** – feel free to skip any questions that don't seem helpful!

At the time of the agreed upon coaching session, I ask you to call me at **715-505-4879**. Each session is approximately 45 minutes in length. Since I have clients before and after each coaching session it is important that we adhere to that timeframe.

Occasionally, between coaching sessions, you may want to e-mail me. Please feel free. My commitment is to respond to you in a timely manner, as my schedule permits.

Again, welcome to the coaching process and congratulations on taking this important step forward.

Barbara Solsaa

Barbara Solsaa, PCC, MSW